

## Senior Companion Benefits

- A tax free stipend that doesn't affect any other benefits such as SSI, Disability or Subsidized Rent.
- Supplemental accident and liability insurance while on duty.
- The chance to help your community and make five new friends.

## Qualifications

- 55 years of age or older
- A desire to help others
- Income is no more than 200% of the poverty guidelines



**For More Information about the SDC Senior Companions Program or to join our team call (414) 906-2700**

Senior Companions Program is funded by the Corporation for National & Community Service and the State of Wisconsin.



Milwaukee, Wisconsin 53212  
P: 414.906.2700 • F: 414.906.2719 • [www.cr-sdc.org](http://www.cr-sdc.org)



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## Senior Companions Program

Time on your hands.  
Love in your heart.



# Senior Companions Program

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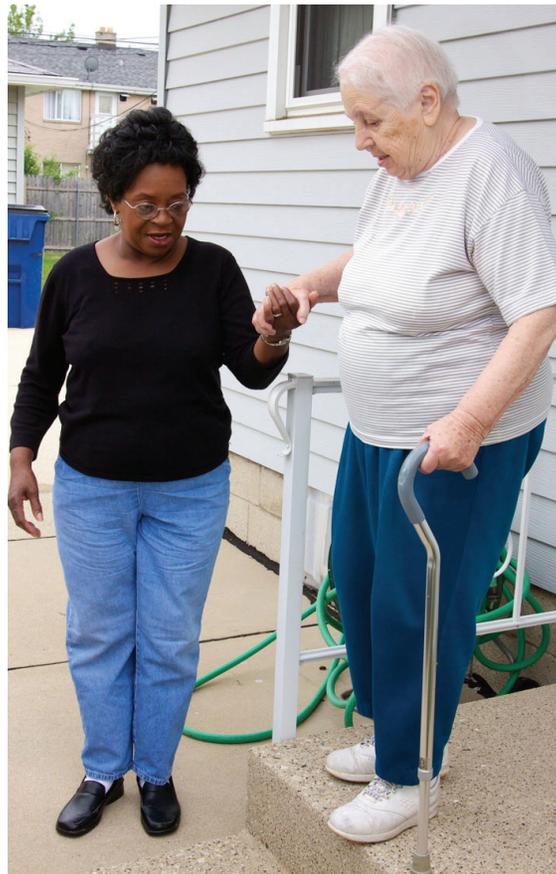
### Making independence a reality

You know how much you value your independence. Now you can help others to keep living an independent life in their own homes.

Seniors right in your neighborhood maybe even in the apartment building you're living in struggle to stay in their home.

Families struggle to care for their loved ones and keep them from moving to assisted living or nursing home facilities.

Senior Companions help these individuals and families providing a helping hand, a willing ear and most of all the warm friendship many seniors are missing in their lives.



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### Doing what friends do for friends

Each Senior Companion has five clients they visit once a week. Each visit lasts for four hours. The visits take place on Monday to Friday.

During their visits, Senior Companions may help with light household tasks such as cooking a meal, light housekeeping, reading the mail or shopping. They may play a game or cards, read a book out loud, or provide escorts on walks, doctor's appointments or to the bank

### Giving back helps you

When you volunteer you're not just helping others, you're helping yourself too. Volunteering helps you live longer and promotes a positive happier outlook on life.